Lotus Emotional Wellness Services CONSENT TO TREATMENT AND TO THE USE AND DISCLOSURE OF INFORMATION FOR TREATMENT AND PAYMENT.

I, _____, understand and agree that Lotus Emotional Wellness Services may provide treatment services and use and disclose my protected information for purposes of my treatment, and for payment and healthcare operations on my behalf. The protected health information that Lotus Emotional Wellness Services will be compiling includes but is not limited to: my name, address, phone number, and emergency contacts; symptoms, health history; diagnoses; treatment history including future treatment recommendations; examination and test results and medications. I understand that I must consent to this use and disclosure of my protected health information in order to enroll in and receive treatment services through Lotus Emotional Wellness Services.

I understand that I have the right to revoke my consent, in writing or by having my oral revocation documented in writing for me, at any time, except to the extent that Lotus Emotional Wellness Services has provided services relying on my consent.

I have reviewed this Consent Form and understand that my signature and the date of signing the Consent Form must be completed and witnessed so that my consent is valid and binding.

Lotus Emotional
Wellness Services

_____ _____

Signature of Client Date

_____ _____

Signature of Parent, Legal Guardian Date

_____ _____

Client Data Form

Name:_____ Date of Birth:_____

SSN:_____ Phone Number:_____

Address:
_____

_____

Insurance
ID:_____

Insurance company:_____

Subscriber name:
_____

Subscriber DOB: _____

Relationship to Subscriber :

_____

Subscriber Address:_____

Emergency Contact: Name:_____ Phone Number:_____

Relationship:_____

Please take your time in providing the following information. The questions are designed to help me begin to understand you so that our time together can be as productive as possible. All information provided is confidential.

Referred by:

☐ Medical Provider: _____

☐ Insurance Provider: _____

☐ My Website

☐ PsychologyToday

☐ Friend/Family: _____

☐ Other: _____

Have you previously received any type of mental health services?

☐ Yes

☐ No

If yes, which of the following:

☐ Psychotherapy

☐ Medication

☐ Outpatient Hospitalizations

☐ Inpatient Hospitalization

If yes, please provide:

Name of provider or facility:_____

Lotus Emotional
Wellness Services

Location:_____

_____

Dates of
treatment:_____

Reason for
treatment:_____

_____

Briefly, what brings you in today

When did your problem first start? Within the last:

☐ 30 days

☐ 6--12 months

☐ 2 years

☐ During adolescence

☐ During childhood

What areas of your life have been affected because of this problem?

Lotus Emotional
Wellness Services

Are you currently experiencing overwhelming sadness, grief or depression?

☐ Yes

☐ No

If yes, for approximately how long? _____

Are you currently experiencing anxiety, panic attacks or have any phobias?

☐ Yes

☐ No

If yes, when did you begin experiencing this? _____

Please describe any major losses or traumas you have experienced:

What significant life changes or stressful events have you experienced recently?

What would you like to accomplish out of your time in therapy

Family History

Where were you born? _____

Lotus Emotional
Wellness Services

Where did you grow up? _____

☐ City

☐ Suburbs

☐ Country

Please list your parents and siblings. Please use additional space on the back if needed

Name	Age	Relationship	Where do they live now?	If deceased, age and cause of death

Who did you live with while growing up?
_____

Mother's occupation: _____

Father's occupation? _____

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

Alcohol/Substance Abuse	o
Anxiety	o
Depression	o
Domestic Violence	o
Sexual Abuse	o
Eating Disorders	o
Suicide Attempt (s)	o
Obsessive Compulsive Disorder	o

Other diagnosed mental health condition? yes/no : which was---

Marital Status:

☐ Never Married

☐ Domestic Partner

☐ Married

☐ Separated

☐ Divorced -- For how long?

☐ Widowed: Please provide your partners name and year deceased:

Lotus Emotional
Wellness Services

If married, how long have you been married for and what is your partners name:

_____

On a scale of 1-10 (best), how would you rate your relationship?
_____

Are you currently in a romantic relationship?

☐ Yes -- How long? _____

☐ No

On a scale of 1-10 (best), how would you rate your relationship?
_____

Please list any children, their names, and ages:

Name	Age	Relationship	Name of other parent	Deceased, age and cause of death

Lotus Emotional
Wellness Services

Physical Health

Please list any medications, herbs, or supplements. Be sure to include the condition, as some medications are prescribed for off-label use. Continue on the back if needed, or provide a separate list. If you have a complicated medical profile, please supply supporting documentation to be able to facilitate a comprehensive understanding of your health.

Medication/Supplement	Dosage	Condition	Date Began/Stopped

Prescribing provider and contact information:

Name:
_____

Specialty:
_____

Facility:
_____

Phone, email, or Fax:
_____

How would you rate your current physical health?

☐ Poor

☐ Unsatisfactory

☐ Satisfactory

☐ Good

☐ Very Good

Please list any specific health problems you are currently experiencing:

How would you rate your current sleeping habits?

☐ Poor

☐ Unsatisfactory

☐ Satisfactory

☐ Good

☐ Very Good

If you are having problems, in which phase of sleep are you experiencing issues?

☐ Falling asleep

☐ Staying asleep

☐ Awakening early

☐ Sleep apnea

Please list any other specific sleep problems you are currently experiencing:

How many times per week do you generally exercise? _____________

What types of exercise do you participate in:

Are you currently experiencing any chronic pain?

☐ No

☐ Yes

If yes, please describe:

Please describe current use of alcohol, cigarettes, and/or recreational drugs:

Please describe previous use of alcohol, cigarettes, and/or recreational drugs:

Additional Information

What do you enjoy about your work (full-time homemaker included)? If retired, what did you enjoy about your work?

What do you find particularly stressful about your current or previous work?

What do you enjoy doing in your free time? What do you do to relax?

Do you consider yourself to be spiritual or religious? If yes, please describe your faith or belief:

What do you consider to be some of your strengths?

What do you consider to be some of your weakness?


Lotus Emotional
Wellness Services